

SESC - ETAPA - FOZ DO IGUAÇU

Relatório Geral - 5K - Feminino

Coloc.	Num.	Nome	Sx.	Idd.	Faixa	Cl.Fx.	Equipe	Tempo	Líquido	Ritmo	Veloc. Média
1	64	EDIMARA ALVES DE OLIVEIRA	F	41	F0099	-	ACORREFOZ	00:21:13	00:21:12	04:14	14,15
2	43	CLAIR REGINA MEGIOLARO	F	44	F0099	-	AVESUL/PRORITMO	00:22:15	00:22:12	04:26	13,51
3	76	ELIZANDRA SILVA DE LIMA	F	36	F0099	-	DOIS AMORES	00:22:32	00:22:23	04:29	13,40
4	187	NEIVA F DA COSTA GRZYBOVSKI	F	43	F0099	-	ACORREFOZ	00:22:40	00:22:37	04:31	13,26
5	151	LUCIA MARA GUDER	F	24	F0099	-	BOMBEIROS	00:23:19	00:23:17	04:39	12,88
6	113	IVANI ALBUQUERQUE BERTINOTTI	F	48	F0099	1	ACCORRER CASCABEL	00:23:54	00:23:53	04:47	12,56
7	40	CÁSSIA ARNDT WUTZKE	F	27	F0099	2		00:24:00	00:23:54	04:47	12,55
8	5	ADRIELLE DA SILVA RODRIGUES	F	25	F0099	3		00:24:10	00:24:01	04:48	12,49
9	38	CARLA MASETTI DA COSTA	F	29	F0099	4	FORÃSA MASETTI	00:24:32	00:24:27	04:53	12,27
10	175	MERYELEN SUZANA NUNES ALVES	F	33	F0099	5		00:25:35	00:25:09	05:02	11,93
11	236	VIVIANA AMBONI	F	40	F0099	6	ACORREFOZ	00:25:44	00:25:41	05:08	11,68
12	179	MILENA COLLODEL	F	32	F0099	7		00:25:57	00:25:48	05:10	11,63
13	225	SUZANA SILVESTRE NUNES	F	30	F0099	8	VIDA CORRIDA	00:26:22	00:25:54	05:11	11,58
14	63	DJULIA ALONSO DA SILVA	F	18	F0099	9		00:26:46	00:26:43	05:21	11,23
15	84	EVELIN SALINE	F	25	F0099	10	NEO RUNNERS	00:27:04	00:27:02	05:24	11,10
16	56	DANIELE KIEPER	F	33	F0099	11	ACORREFOZ	00:28:00	00:27:19	05:28	10,98
17	122	JOSEANE TEIXEIRA MACEDO	F	26	F0099	12		00:28:14	00:27:59	05:36	10,72
18	24	ANGELICA DE OLIVEIRA	F	24	F0099	13		00:28:20	00:28:11	05:38	10,64
19	42	CINTIA PAZ	F	35	F0099	14		00:28:35	00:28:29	05:42	10,53
20	143	LEVINA FERNANDES DA SILVA	F	46	F0099	15		00:28:33	00:28:31	05:42	10,52
21	123	JOSEFA BEATRIZ DUARTE MACHUCA	F	31	F0099	16	REDE-P	00:28:46	00:28:38	05:44	10,48
22	191	PATRICIA DE COSTA	F	32	F0099	17	ACADEMIA SELECT BODY CENTER	00:30:11	00:29:21	05:52	10,22
23	44	CLAUDIA FERNANDA BRANCHI	F	32	F0099	18		00:30:15	00:29:29	05:54	10,18
24	55	DANIELA HUMBERTO MORENO	F	28	F0099	19		00:29:59	00:29:30	05:54	10,17
25	13	ANA CLAUDIA PUHL	F	27	F0099	20		00:30:26	00:29:40	05:56	10,11
26	109	IRACI PEREIRA CONCEIÇÃO SEGUNDO	F	45	F0099	21	GMFI	00:30:03	00:29:47	05:57	10,07
27	206	ROSEMERE VICTORIANO	F	56	F0099	22	ACORREFOZ	00:30:31	00:29:50	05:58	10,06
28	72	ELIANE ROGERIA ANTUNES	F	28	F0099	23		00:30:20	00:29:55	05:59	10,03
29	157	MAGNOLIA MEDINA	F	29	F0099	24		00:30:31	00:30:02	06:00	9,99
30	50	DAIANA PEOVEZAN	F	27	F0099	25	PANORUNNERS	00:31:18	00:30:07	06:01	9,96
31	135	LAIRCE TEREZINHA BOSCHI MORGENSTERN	F	54	F0099	26	ACORREFOZ	00:30:16	00:30:12	06:02	9,93
32	188	NEURA ROSA FRASSETTO GHISLERI	F	47	F0099	27		00:30:16	00:30:12	06:02	9,93
33	239	ZELIR MARQUES BLUM	F	49	F0099	28		00:30:50	00:30:15	06:03	9,92
34	155	L									

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Coloc.	Num.	Nome	Sx.	Idd.	Faixa	Cl.Fx.	Equipe	Tempo	Líquido	Ritmo	Veloc. Média
65	182	MONICA CRISTINA DOS SANTOS	F	34	F0099	60		00:33:56	00:33:24	06:41	8,98
66	208	SANDRA THIYE MURAKAMI CHOW	F	47	F0099	61	POINTER	00:33:58	00:33:41	06:44	8,91
67	234	VERA LUCIA DE OLIVEIRA DO PRADO	F	48	F0099	62	NÃO	00:33:50	00:33:46	06:45	8,88
68	6	ALESSANDRA FERNANDES ALVES	F	43	F0099	63	ACORREFOZ	00:34:20	00:33:50	06:46	8,87
69	231	VANEA MARA ALVES	F	57	F0099	64	ACORREFOZ	00:34:20	00:33:50	06:46	8,87
70	36	CARLA DANIELA CÂMARA	F	43	F0099	65		00:34:39	00:33:55	06:47	8,85
71	2	ADRIANA MICHELLE DA SILVA	F	31	F0099	66		00:34:38	00:33:57	06:47	8,84
72	213	SILVIA REGINA FIRMINO SCANDALO	F	34	F0099	67		00:35:15	00:34:10	06:50	8,78
73	154	LUCIMARA ZENATTI	F	35	F0099	68		00:34:47	00:34:14	06:51	8,76
74	149	LIZETE APARECIDA DE SOUZA CARMINATI	F	55	F0099	69		00:34:56	00:34:24	06:53	8,72
75	41	CILMARA RAMOS DA SILVA	F	25	F0099	70		00:35:08	00:34:27	06:53	8,71
76	197	RAFAELA MARÇAL BUONO	F	18	F0099	71		00:35:34	00:34:57	06:59	8,58
77	233	VANESSA MATHEUS SOARES DE OLIVEIRA	F	38	F0099	72	O.S. ADVOGADOS	00:35:52	00:35:01	07:00	8,57
78	162	MARCIA REGINA KAIM	F	40	F0099	73		00:35:24	00:35:12	07:02	8,52
79	1	ADONIRA TEREZINHA BETT	F	57	F0099	74		00:36:05	00:35:14	07:03	8,51
80	22	ÂNGELA M. C. BARBOSA	F	31	F0099	75		00:35:53	00:35:25	07:05	8,47
81	133	KEITY PIRES DA SILVA	F	27	F0099	76		00:35:45	00:35:28	07:06	8,46
82	181	MIRIAM LIMA DE PAULA	F	25	F0099	77		00:36:11	00:35:28	07:06	8,46
83	164	MARI FERREIRA DAGOSTIIN	F	48	F0099	78		00:36:37	00:35:40	07:08	8,41
84	28	BETHANIA VALIENTE DOS SANTOS	F	38	F0099	79		00:36:43	00:35:44	07:09	8,40
85	136	LARISSA ANDRADE NAKAGAKI	F	25	F0099	80		00:36:54	00:35:56	07:11	8,35
86	150	LUANA ALINE AIRES MACHADO	F	23	F0099	81		00:36:54	00:35:56	07:11	8,35
87	128	JUSTINA MONTANIA CARDOSO	F	50	F0099	82		00:36:27	00:35:58	07:12	8,34
88	137	LAUANE AMARAL GUILLEN APONTE	F	23	F0099	83		00:36:28	00:36:13	07:15	8,28
89	205	ROSELINDA DE FARIAS	F	45	F0099	84		00:36:31	00:36:20	07:16	8,26
90	196	PRISCYLA SILVA DOS SANTOS	F	34	F0099	85		00:36:36	00:36:36	07:19	8,20
91	112	ISABELA SOARES FERMINO	F	19	F0099	86	VITAL BRASIL/SUPERAMA	00:37:36	00:36:37	07:19	8,19
92	189	NIVIA CONCEIÇÃO PEREIRA DOS SANTOS	F	44	F0099	87	ICMBIO	00:39:12	00:37:30	07:30	8,00
93	192	PAULA CARUSO MAC DONALD	F	32	F0099	88		00:38:04	00:37:34	07:31	7,99
94	10	ALINE ZILLI	F	32	F0099	89		00:38:04	00:37:35	07:31	7,98
95	215	SIMONI SOARES FERMINO	F	47	F0099	90	VITAL BRASIL/SUPERAMA	00:37:37	00:37:37	07:31	7,98
96	166	MARIA ESTER DA SILVA	F	74	F0099	91	ACORREFOZ	00:37:52	00:37:43	07:33	7,95
97	46	CLEUZA DE LIMA SILVA	F	59	F0099	92	ACORREFOZ	00:38:03	00:37:54	07:35	7,92
98	165	MARIA CECILIA GONÇALVES	F	51	F0099	93	TROOP NIGHT RUN	00:39:30	00:38:05		