

SESC - ETAPA - FOZ DO IGUAÇU

Relatório Geral - 10K - Feminino

Coloc.	Num.	Nome	Sx.	Idd.	Faixa	Ci.Fx.	Equipe	Tempo	Líquido	Ritmo	Veloc. Média
1	566	NILMA CRISTIANE ANDALICIO DE REZENDE	F	33	F0099	-	FRN PERFORMANCE	00:44:14	00:44:12	04:25	13,57
2	510	BRUNA RAFAELE SCHERER	F	37	F0099	-	SCHERER MASCARELO	00:48:32	00:48:17	04:50	12,43
3	509	ANIELE GLAUCIA MARIANO	F	30	F0099	-	ACORREFOZ	00:49:20	00:49:18	04:56	12,17
4	525	ELECI TERESINHA CAMARGO DENES	F	51	F0099	-	ACORREFOZ	00:50:18	00:50:13	05:01	11,95
5	551	MARIA DE JESUS SIQUEIRA	F	52	F0099	-	ACORREFOZ	00:53:37	00:53:34	05:21	11,20
6	538	JULIANA BORTOLI RODRIGUES MEES	F	37	F0099	1	ATIVA RUNNERS	00:54:29	00:53:37	05:22	11,19
7	553	MARIA INEIDE NASCIMENTO MONTEZOL	F	48	F0099	2		00:54:50	00:53:52	05:23	11,14
8	570	PAULA FERNANDA VASCONCELOS	F	29	F0099	3		00:59:11	00:54:51	05:29	10,94
9	574	REGINA DE MOURA	F	30	F0099	4		00:55:20	00:54:54	05:29	10,93
10	594	TATYANA DE FREITAS DEITOS	F	32	F0099	5	ACORREFOZ	00:56:49	00:56:13	05:37	10,67
11	568	ODILONIA NUÑEZ DE RAMIREZ	F	40	F0099	6	AAAP	00:56:40	00:56:24	05:38	10,64
12	519	DANIELA FATIMA KIELING	F	32	F0099	7		00:57:23	00:56:55	05:41	10,54
13	532	FRANCEANE APARECIDA VIEIRA DOS SANTOS	F	31	F0099	8	ACORREFOZ	00:57:22	00:57:10	05:43	10,50
14	558	MARILDA ALBUQUERQUE	F	52	F0099	9	ACORREFOZ	00:57:15	00:57:10	05:43	10,50
15	528	ELISETE CARDIAS ZIMPEL	F	42	F0099	10	ACORREFOZ	00:57:20	00:57:13	05:43	10,49
16	541	KLEYNIA DOLINSKI	F	38	F0099	11		00:57:31	00:57:28	05:45	10,44
17	580	ROSILENY VANZELLA DE ASSIS PONTES	F	45	F0099	12		00:59:47	00:58:19	05:50	10,29
18	533	FRANCIANE CANDIDO ALVES	F	34	F0099	13	BLINDADOS RUNNERS	00:58:55	00:58:40	05:52	10,23
19	599	VANILDA MARTA DA CRUZ AVELAR	F	43	F0099	14		00:59:42	00:59:24	05:56	10,10
20	573	REGIANE MARIA BIASSU RAMOS	F	42	F0099	15		01:00:51	00:59:44	05:58	10,04
21	537	JOSEMARA SILVEIRA	F	37	F0099	16		01:00:13	01:00:05	06:01	9,99
22	586	SELECINA MARIA DA SILVA FERREIRA	F	56	F0099	17		01:02:00	01:01:12	06:07	9,80
23	503	ALINE ZILLI DE CARVALHO	F	36	F0099	18		01:02:34	01:01:48	06:11	9,71
24	592	SUMAYA NASSAR FAVA	F	40	F0099	19		01:02:32	01:02:17	06:14	9,63
25	546	LUCIANE RIES OTREMBIA FIGUEIREDO	F	35	F0099	20	ITAIPU BINACIONAL	01:03:55	01:02:51	06:17	9,55
26	583	SAMARA NEVES SATTI	F	27	F0099	21		01:03:37	01:02:53	06:17	9,54
27	535	GABRIELA DIAS FONTANA	F	24	F0099	22		01:03:21	01:02:56	06:18	9,53
28	547	LUDIMILA REGINA WERLANG	F	24	F0099	23		01:03:24	01:02:59	06:18	9,53
29	578	ROSANGELA RUBIM DE ANDRADE	F	46	F0099	24		01:03:41	01:03:08	06:19	9,50
30	600	VERA LUCIA GOMES	F	49	F0099	25		01:03:41	01:03:08	06:19	9,50
31	585	SANDRA TOAZZA	F	49	F0099	26	STREET RUN	01:04:17	01:03:53	06:23	9,39
32	575	RICCIELA PERONDI DE SOUSA	F	36	F0099	27		01:04:51	01:04:06	06:25	9,36
33	591	SUELLEN KAMMER MOSSINI DOS SANTOS	F	30	F0099	28	KM RUN	01:05:23	01:04:53	06:29	9,25
34	563	NALU ALVES SILVEIRA GONÇALVES	F	48	F0099	29		01:05:31	01:04:59	06:30	9,23
35	549	MARCIA BELO	F	45	F0099	30		01:05:32	01:05:20	06:32	9,18
36	561	MYLENE BACHEGA GOMES GERON	F	50	F0099	31		01:06:02	01:05:26	06:33	9,17
37	564	NEIVA MARIA PIRES	F	62	F0099	32	ACORREFOZ	01:08:26	01:07:00	06:42	8,96
38	577	ROSANE XAVIER DE MELLO	F	45	F0099	33	DNZ UNIFORMES	01:07:43	01:07:38	06:46	8,87
39	559	MARILZA ROMAGNA VALIM	F	25	F0099	34	ACORREFOZ	01:08:24	01:07:50	06:47	8,85
40	515	CREYCE SCHMITT RODRIGUES	F	33	F0099	35	TFHARD	01:08:40	01:08:32	06:51	8,75
41	589	SOILA PHILIPPSEN	F	44	F0099	36	STREET RUN	01:09:23	01:09:01	06:54	8,69
42	516	CRISTIANE RADANELLI	F	29	F0099	37	WAY	01:10:39	01:09:35	06:58	8,62
43	521	DEBORA MOURA CAETANO CARBUNCK	F	34	F0099	38		01:11:49	01:10:57	07:06	8,46
44	527	ELIANE ALEXANDRE DE SOUZA SILVA	F	46	F0099	39		01:11:56	01:11:35	07:10	8,38
45	556	MARIA MARLENE RITTER	F	48	F0099	40		01:12:57	01:12:23	07:14	8,29
46	565	NEUSA TERESINHA PEREIRA	F	42	F0099	41		01:15:13	01:13:31	07:21	8,16
47	542	LETÍCIA NEVES DA SILVA	F	22	F0099	42		01:14:48	01:14:00	07:24	8,11
48	579	ROSEMARI DE QUADROS GOMES DA SILVA	F	38	F0099	43		01:15:18	01:14:39	07:28	8,04
49	571	PAULINE ACHRAM	F	59	F0099	44		01:15:00	01:14:42	07:28	8,03
50	581	SAMANTA NOVAKOWSKI DA SILVA	F	29	F0099	45	STUDIOM5TRAINING	01:18:17	01:17:22	07:44	7,76
51	529	FABIANA ARFELLI MARTINI	F	33	F0099	46		01:21:42	01:20:45	08:04	7,43
52	526	ELECIR APARECIDA DIEL	F	45	F0099	47		01:21:35	01:21:10	08:07	7,39
53	560	MARTA DINIZ	F	60	F0099	48	ACORREFOZ	01:21:50	01:21:24	08:08	7,37