



## CIRCUITO SESC DE CORRIDA - ETAPA MARINGÁ

### Relatório Geral - 5KM - Masculino

Coloc.	Num.	Nome	Sx.	Idd.	Faixa	Cl.Fx.	Equipe	Tempo	Líquido	Ritmo	Veloc. Média
74	357	CESAR LUIS DE CARVALHO	M	41	M0099	68	EGGO	00:27:39	00:26:08	05:14	11,48
75	455	JULIANO BIAZON DE OLIVEIRA	M	30	M0099	69	ACTION RUNNING	00:27:17	00:26:09	05:14	11,47
76	417	FLAVIO RAFAEL CARDOSO	M	29	M0099	70		00:27:06	00:26:14	05:15	11,44
77	459	JULIO CESAR BELINI	M	32	M0099	71		00:27:13	00:26:16	05:15	11,42
78	521	PETROJAN VAZ NEVES	M	39	M0099	72	EGGO	00:28:02	00:26:34	05:19	11,29
79	323	ADEMIR PEREIRA DOS SANTOS	M	36	M0099	73		00:27:18	00:26:36	05:19	11,28
80	361	CLAUDINEI BARBOSA SANDRI	M	45	M0099	74	ENERGIA UNIMED	00:26:47	00:26:47	05:21	11,20
81	329	ALESSANDRO GUERINO FERNANDES	M	16	M0099	75	ACADEMIA JULIANA	00:28:04	00:26:48	05:22	11,19
82	404	FABIO YOSHIAKI MORIBE	M	25	M0099	76	EMA	00:27:37	00:26:48	05:22	11,19
83	542	SHIGUERU ROBERTO ARATA	M	54	M0099	77		00:28:07	00:26:51	05:22	11,17
84	436	JOÃO BENTO FRUGERI	M	62	M0099	78		00:27:30	00:26:56	05:23	11,14
85	478	MANUEL MARQUES RIBEIRO	M	46	M0099	79	CLUBE INGÂ; DE CORRIDA	00:28:03	00:27:00	05:24	11,11
86	373	DANIEL PANSARINI	M	49	M0099	80	STREET RUNNERS	00:28:26	00:27:03	05:25	11,09
87	562	WANDERLEY CARDOSO DE SOUZA	M	47	M0099	81	STREET RUNNERS	00:28:43	00:27:24	05:29	10,95
88	570	YUKIO NODA	M	58	M0099	82		00:28:17	00:27:28	05:30	10,92
89	364	CLAUDIO ANACLETO	M	42	M0099	83	ACADEMIA IMPERIAL	00:28:48	00:27:34	05:31	10,88
90	410	FERNANDO FERTONANI	M	36	M0099	84		00:28:31	00:27:35	05:31	10,88
91	474	LUIZ CARLOS BRANCO FLAMENGO	M	43	M0099	85	RITMO CERTO	00:29:25	00:27:40	05:32	10,84
92	316	ROBERTO KOEPEL	M	51	M0099	86		00:29:15	00:27:44	05:33	10,82
93	343	ANSBERTO RODRIGUES DO PASSO NETO	M	40	M0099	87		00:29:03	00:27:46	05:33	10,80
94	466	LINDOMAR MORBACH DE ARAUJO	M	48	M0099	88		00:29:14	00:27:53	05:35	10,76
95	391	EDUARDO APARECIDO GOLIN MORANTE	M	37	M0099	89	CLUBE INGÂ; DE CORRIDA	00:27:58	00:27:58	05:36	10,73
96	336	ANDERSON JUNIOR PILOTO	M	29	M0099	90		00:29:01	00:28:08	05:38	10,66
97	428	HELIO KAZUTOMI FUGIE	M	47	M0099	91		00:29:01	00:28:14	05:39	10,63
98	527	RENAN BOTTER LOPES	M	23	M0099	92	COIOTES MARINGA	00:29:50	00:28:36	05:43	10,49
99	514	PAULO FERNANDO GOBETTI	M	34	M0099	93		00:30:13	00:28:45	05:45	10,43
100	519	PEDRO OLIVEIRA JUNIOR	M	25	M0099	94		00:29:24	00:28:46	05:45	10,43
101	572	DANIEL VIANA	M	40	M0099	-		00:31:17	00:28:47	05:45	10,42
102	567	WILLIAM APARECIDO DA SILVA	M	36	M0099	95		00:28:52	00:28:52	05:46	10,39
103	346	ARTHUR HENRIQUE SOUZA GARCIA	M	25	M0099	96	GRUPO DE CORRIDA ACADEMIA JULIANA	00:30:17	00:28:56	05:47	10,37
104	504	NICHOLAS ROBERTO MATTOS GALHARDI VIEIRA	M	35	M0099	97		00:29:03	00:29:03	05:49	10,33
105	532	RODRIGO A. FLAUSINO PERON	M	29	M0099	98		00:30:38	00:29:04	05:49	10,32
106	543	SIDNEY EDSON MELLA JUNIOR	M	42	M0099	99		00:30:56	00:29:12	05:50	10,27
107	370	DALVAN MEDEIROS VICENTE	M	34	M0099	100		00:31:13	00:29:27	05:53	10,19
108	338	ANDERSON QUEIROZ DA SILVA	M	20	M0099	101	VISUAL INFORMATICA	00:31:14	00:29:28	05:54	10,18
109	473	LUIZ ASSAO HAMADA	M	46	M0099	102		00:30:09	00:29:34	05:55	10,15
110	440	JOAO RICARDO TONIN	M	26	M0099	103		00:32:02	00:29:35	05:55	10,14
111	560	VINICIUS ROSSINE CHAVES E SILVA	M	26	M0099	104		00:31:26	00:29:40	05:56	10,11
112	501	MIGUEL ALVES	M	69	M0099	105	INDIVIDUAL	00:30:25	00:29:41	05:56	10,11
113	520	PEDRO SILVANO GUNTHER	M	59	M0099	106		00:30:49	00:29:50	05:58	10,06
114	441	JOAQUIM PEDRO SICA DE TOLEDO	M	59	M0099	107		00:30:51	00:29:53	05:59	10,04
115	412	FERNANDO GARCIA DE OLIVEIRA	M	31	M0099	108	COIOTES MARINGÃ*	00:30:37	00:29:54	05:59	10,03
116	397	EMERSON GIARDINI	M	42	M0099	109	COIOTES	00:31:19	00:29:59	06:00	10,01
117	486	MARCIO ROGERIO VIEIRA DA SILVA	M	33	M0099	110	COIOTES	00:31:25	00:30:07	06:01	9,96
118	398	EMERSON SILVINO	M	37	M0099	111		00:31:14	00:30:08	06:02	9,96
119	537	RONALDO ADRIANO DOS REIS	M	37	M0099	112		00:31:25	00:30:17	06:03	9,91
120	494	MARCOS VINICIUS SHINNAE	M	28	M0099	113	COIOTES MARINGÃ; RUNNING	00:32:04	00:30:26	06:05	9,86
121	517	PAULO ROBERTO BONANI	M	39	M0099	114	X	00:31:22	00:30:28	06:06	9,85
122	561	VLAUDIMIR DIAS MARQUES	M	46	M0099	115		00:31:22	00:30:29	06:06	9,84
123	467	LOURIVAL CONTE JUNIOR	M	38	M0099	116	ACTION RUNNING	00:31:51	00:30:34	06:07	9,81
124	334	ANDERSON BIRCHES PERES SEBRIAN	M	34	M0099	117	COIOTES MARINGÃ; RUNNING	00:30:35	00:30:35	06:07	9,81
125	502	MIGUEL RICARDO PEREIRA	M	30	M0099	118		00:30:44	00:30:44	06:09	9,76
126	433	JACKSON TORINO MARIO PENNACCHI	M	34	M0099	119	INSTITUTO PENNACCHI	00:32:49	00:30:48	06:10	9,74
127	451	JOSÉ LUIZ PALMEIRA	M	43	M0099	120	ACORRENOR	00:31:50	00:30:48	06:10	9,74
128	525	RAUL EDUARDO SICA DE TOLEDO	M	30	M0099	121		00:31:47	00:30:49	06:10	9,73
129	539	SANDRO MELO DAS CHAGAS	M	43	M0099	122	COIOTES MARINGÃ; RUNNING	00:31:57	00:30:49	06:10	9,73
130	320	AARON ABREU DE ARAUJO	M	33	M0099	123		00:32:40	00:31:10	06:14	9,63
131	426	HEBER SILVA PEREIRA	M	49	M0099	124		00:32:53	00:31:10	06:14	9,63
132	325	ADRIANO MARCELO CUPINI	M	43	M0099	125	EQUIPE DE CORRIDA PODIUM	00:32:25	00:31:24	06:17	9,55
133	385	EDILSON MOREIRA MAROSTICA	M	43	M0099	126	GRUPO DE CORRIDA MEXA-SE	00:33:10	00:32:13	06:27	9,31
134	449	JOSÉ ISNAR GUIMARÃES	M	42	M0099	127	UEM	00:32:19	00:32:19	06:28	9,28
135	420	GEOVANI BOCCHI BERALDO	M	27	M0099	128	ENDORFINARUN	00:34:17	00:32:46	06:33	9,16
136	434	JAIR MANTOVANI	M	58	M0099	129		00:34:16	00:32:48	06:34	9,15
137	546	STEFAN JUNIOR MOURA SILVA	M	27	M0099	130		00:34:16	00:32:48	06:34	9,15
138	524	RAMIRO BATISTA MOURA JUNIOR	M	51	M0099	131	METROPOLITAN RUNNING CLUB	00:34:34	00:33:01	06:36	9,09
139	372	DANIEL LUCAS RANSATI PEREIRA	M	16	M0099	132	ACORREMAR	00:33:44	00:33:04	06:37	9,07
140	330	ALEXANDRE CAPARELLI SILVA	M	43	M0099	133	GRUPO DE CORRIDA ACADEMIA JULIANA	00:34:03	00:33:17	06:39	9,01
141	445	JOSE COSTA	M	58	M0099	134		00:35:02	00:35:02	07:00	8,56
142	351	CARLOS ADELSON CASSIA	M	59	M0099	135	CORRERIA	00:36:32	00:35:43	07:09	8,40
143	435	JÁIRO TORINO PENNACCHI	M	62	M0099	136		00:35:46	00:35:46	07:09	8,39
144	493	MARCOS ROGERIO AFONSO DOS SANTOS	M	46	M0099	137	ACORREMAR MARINGA	00:38:12	00:36:45	07:21	8,16
145	421	GERALDO ANGELO NOGUEIRA	M	55	M0099	138	SPORTMED-ACORREMAR	00:38:12	00:36:46	07:21	8,16
146	458	JULIANO MARIO DA SILVA	M	41	M0099	139		00:38:07	00:37:04	07:25	8,09

## CIRCUITO SESC DE CORRIDA - ETAPA MARINGÁ

### Relatório Geral - 5KM - Masculino

Coloc.	Num.	Nome	Sx.	Idd.	Faixa	Cl.Fx.	Equipe	Tempo	Liquido	Ritmo	Veloc. Média
147	424	GIDIONI GOMES GUIMARAES FONSECA	M	27	M0099	140		00:44:00	00:43:15	08:39	6,94
148	341	ANDREWS ABREU DE ARAUJO	M	31	M0099	141		00:52:04	00:50:33	10:07	5,93
149	427	HELIO JOSE NERY	M	51	M0099	142		00:55:43	00:54:45	10:57	5,48