

CIRCUITO SESC DE CORRIDA - ETAPA MARINGÁ

Relatório Geral - 10KM - Feminino

Coloc.	Num.	Nome	Sx.	Idd.	Faixa	Cl.Fx.	Equipe	Tempo	Líquido	Ritmo	Veloc. Média
1	667	KEILA CRISTIANE TRINDADE MARIANO	F	40	F0099	-	ACORREMAR- MARINGÁ	00:39:36	00:38:58	03:54	15,40
2	617	CRISTIANE RODRIGUES DE ALMEIDA	F	36	F0099	-	FECAM	00:44:15	00:43:31	04:21	13,79
3	733	SAYURI SHIBAO	F	33	F0099	-	PILEU TEAM/ISABELLA	00:44:35	00:44:00	04:24	13,64
4	582	ALESSANDRA RODRIGUES GOUVEIA	F	34	F0099	-	PÁ% VERMELHO-CAMBIRA	00:45:34	00:44:58	04:30	13,34
5	697	MARIELEM CRISTINA DE SOUZA MOIA	F	32	F0099	-	PROJETO ARTE & VIDA	00:46:02	00:45:25	04:32	13,21
6	594	ANA PEREIRA DOS SANTOS	F	42	F0099	1	ACORREMAR	00:46:45	00:46:08	04:37	13,01
7	751	ZENILDA SOARES BELTRAMI	F	59	F0099	2	SPORTMED/ACORREMAR	00:47:14	00:46:34	04:39	12,88
8	602	BRUNA DE CARVALHO AUGUSTO	F	31	F0099	3	PILEU TEAM	00:47:49	00:47:01	04:42	12,76
9	646	FRANCIELLI DA SILVA GOUVEIA	F	27	F0099	4	BRASIL FITNESS	00:48:33	00:47:29	04:45	12,64
10	749	VIVIANE SANTOS REIS	F	40	F0099	5	ACTION RUNNING	00:49:01	00:47:51	04:47	12,54
11	605	CARLA GONÇALVES NERIS	F	30	F0099	6		00:49:17	00:48:34	04:51	12,35
12	672	LILIAN HERNANDES	F	37	F0099	7	DR SILVIO HERNANDES	00:49:22	00:48:37	04:52	12,34
13	684	LUCINEIA RIBEIRO DA SILVA	F	39	F0099	8	ACORREMAR	00:49:36	00:48:58	04:54	12,25
14	700	MARLEY RICKEN ALVES	F	52	F0099	9	COIOTE MARINGA RUNNING	00:49:44	00:49:06	04:55	12,22
15	708	NATACHA IARA DUARTE	F	30	F0099	10	ATHLÁTICA RUNNER	00:50:30	00:49:54	04:59	12,02
16	696	MARIANA ALICE ZANETTI ALVES	F	38	F0099	11	EQUIPE DE CORRIDAS PODIUM	00:51:10	00:50:31	05:03	11,88
17	676	LUCIA CEVERINO BORGES	F	47	F0099	12	PÁ@ VERMELHO	00:51:35	00:50:53	05:05	11,79
18	603	CAMILA CAROLINA LINJARDE SOARES	F	30	F0099	13		00:51:46	00:50:56	05:06	11,78
19	723	QUEILA ALVES DOS SANTOS	F	34	F0099	14	ACORREMAR	00:51:52	00:51:11	05:07	11,72
20	583	ALICE TOMIE HIRAMA KAWAMOTO	F	40	F0099	15		00:52:11	00:51:20	05:08	11,69
21	665	KAROLINE DOS SANTOS FONSECA	F	28	F0099	16	ACORRECAM	00:52:10	00:51:24	05:08	11,67
22	639	FABIOLA LIE NISHIMOTO	F	38	F0099	17	EGGO	00:53:14	00:52:07	05:13	11,51
23	599	ANDRESSA HOINATSKI DE ARAUJO	F	26	F0099	18		00:53:21	00:52:22	05:14	11,46
24	740	TANIA HAULY	F	53	F0099	19	CLUBE DE CORRIDA FERNANDA VARGAS	00:53:55	00:52:45	05:17	11,37
25	662	JOCELI DO CARMO KNEBEL	F	40	F0099	20	GRUPO DE CORRIDA MEXA-SE	00:53:49	00:52:54	05:17	11,34
26	681	LUCIANA M. V. F. LOPES	F	50	F0099	21	EGGO ASSESSORIA	00:53:05	00:53:05	05:19	11,30
27	612	CLAUDIA AYUMI SATO	F	28	F0099	22	MEXA-SE!	00:54:25	00:53:28	05:21	11,22
28	717	PABLIA MICHELLE SIMOES GARCIA	F	35	F0099	23		00:55:17	00:53:47	05:23	11,16
29	738	TAMARA FERNANDES DE CASTRO	F	23	F0099	24		00:55:15	00:53:52	05:23	11,14
30	589	ANA LUCIA BAGATIN	F	36	F0099	25	EGGO ASSESSORIA ESPORTIVA	00:54:55	00:54:01	05:24	11,11
31	714	NEUSA DAS DORES PEREIRA	F	49	F0099	26	GRUPO CORRA NA ATI	00:54:55	00:54:02	05:24	11,10
32	604	CAMILA ZANARDO BORGONHONE	F	39	F0099	27	TIME DE CORRIDA CAMILA BORGONHONE	00:55:25	00:54:19	05:26	11,05
33	744	VALERIA AQUILINO BARBOSA	F	36	F0099	28		00:55:43	00:54:45	05:28	10,96
34	675	LOURDES LEMES GALLI	F	53	F0099	29	GRUPO MEXA-SE	00:55:44	00:55:03	05:30	10,90
35	595	ANAÍSE GOMES MOTTA	F	52	F0099	30	CLUBE DE CORRIDA 12KM	00:56:25	00:55:17	05:32	10,85
36	576	ADRIANA REGINA PEREIRA DE ABREU	F	31	F0099	31	KEEP RUNNING	00:57:17	00:55:29	05:33	10,81
37	688	MARIA APARECIDA DA SILVA	F	44	F0099	32		00:57:16	00:55:29	05:33	10,81
38	735	SILVIA RODRIGUES SEVERINO VIEIRA	F	41	F0099	33	XV DE NOVEMBRO	00:57:05	00:55:43	05:34	10,77
39	716	OCILANIA CARDEAL MAGALHÃES VICENTE	F	53	F0099	34	BARRACAO CROSSFIT	00:56:50	00:55:59	05:36	10,72
40	728	ROSE MEYRE DO NASCIMENTO MIRANDA	F	50	F0099	35		00:57:53	00:56:06	05:37	10,70
41	719	PATRICIA ALESSANDRA CONCHON RIBAS	F	39	F0099	36	COIOTES MARINGA RUNNING	00:57:57	00:56:15	05:37	10,67
42	630	ELIANE GISELI ALVES MIRANDA	F	34	F0099	37		00:56:18	00:56:18	05:38	10,66
43	663	JOCIMARA COSTA MAZZOLA	F	44	F0099	38	CEMS 1	00:57:11	00:56:20	05:38	10,65
44	703	MERY YUKIE WATANABE	F	47	F0099	39		00:58:11	00:56:26	05:39	10,63
45	677	LUCIA REGINA RODRIGUES TAVARES	F	42	F0099	40	EDIELSON PERSONAL	00:57:53	00:57:08	05:43	10,50
46	722	PRISCILA BISSOCHI FERNANDES	F	22	F0099	41		00:58:32	00:57:10	05:43	10,50
47	581	ALESSANDRA PROCÓPIO NOVAIS	F	33	F0099	42	NA CORRERIA	00:58:17	00:57:22	05:44	10,46
48	651	GISELY FERNANDA RODRIGUES DE ALMEIDA	F	28	F0099	43	RUNNING FIT	00:59:27	00:58:02	05:48	10,34
49	707	MISLAINE ZARAMELA RODRIGUES	F	25	F0099	44	RUNNING FIT	00:59:29	00:58:05	05:48	10,33
50	615	CRISTIANE ANDREOTTI ERRERIAS ORTEGA	F	43	F0099	45	EGGO ASSESSORIA ESPORTIVA	00:59:39	00:58:14	05:49	10,30
51	653	GLICEA DE PINHO TAVARES COELHO	F	56	F0099	46		00:58:57	00:58:15	05:49	10,30
52	680	LUCIANA DAMASCENO CACILHA DOMINGOS	F	42	F0099	47	FERNANDA VARGAS	00:59:32	00:58:17	05:50	10,29
53	673	LIVIA CRISTINA MANGOLIN	F	38	F0099	48	ACORRENOR	00:59:57	00:58:57	05:54	10,18
54	711	NAYRA ALMEIDA DA SILVA	F	34	F0099	49	EGGO ASSESSORIA ESPORTIVA	01:00:24	00:58:58	05:54	10,18
55	652	GISLAINE BUENO	F	27	F0099	50	CLUBE 12 KM	01:00:03	00:59:01	05:54	10,17
56	660	ISABELA BRUGINSKI	F	34	F0099	51	ACORRENOR	01:00:28	00:59:28	05:57	10,09
57	620	DANIELLE ALVES DE SOUZA	F	32	F0099	52		01:00:14	00:59:30	05:57	10,08
58	702	MARY NAKANO	F	34	F0099	53		01:01:11	01:00:15	06:01	9,96
59	643	FERNANDA LUZ	F	34	F0099	54	AR3 STUDIO	01:03:00	01:01:15	06:07	9,80
60	654	GLORIA DA SILVA BORGOGNONI	F	57	F0099	55	FITCLUB	01:02:59	01:01:38	06:10	9,73
61	628	ELEONORA CAROLINA MARTINEZ MONTEIRO DAMIAN	F	34	F0099	56	EGGO	01:03:13	01:01:46	06:11	9,71
62	635	ERINETE LUZIA RONCAGLIA	F	53	F0099	57	COIOTES MARINGÁ-RUNNING	01:03:33	01:01:50	06:11	9,70
63	609	CILIS CRISTINA BOAROLI	F	38	F0099	58	GRUPO DE CORRIDA ESTÁTICA ACADEMIA	01:03:34	01:01:53	06:11	9,70
64	624	EDILENE APARECIDA DOS SANTOS	F	47	F0099	59	GRUPO DE CORRIDA CORRA NA ATI	01:03:33	01:01:56	06:12	9,69
65	705	MICHELLE SOUZA SANTOS	F	28	F0099	60	ACTION RUNNING	01:02:58	01:02:02	06:12	9,67
66	601	ARIANE TONET	F	24	F0099	61		01:03:34	01:02:11	06:13	9,65
67	753	TANIA MARA DA SILVA	F	30	F0099	62		01:02:55	01:02:12	06:13	9,65
68	682	LUCIANA MYIO KURIHARA MANZANO	F	45	F0099	63	RITMO CERTO	01:04:28	01:03:21	06:20	9,47
69	739	TAMYRIS DA SILVA BON	F	21	F0099	64	TRAINING ACADEMIA	01:03:46	01:03:46	06:23	9,41
70	579	ALEKSANDRA CORREA LEITE ALENCAR	F	37	F0099	65		01:05:18	01:04:06	06:25	9,36
71	626	EDINEIA FÁTIMA NAVARRO CHILANTE	F	47	F0099	66	CLUBE OLÁ-MPICO DE MARINGÁ	01:06:48	01:05:17	06:32	9,19
72	693	MARIA JULIA PRESTES	F	50	F0099	67	CORRENDO PARA NADAR	01:06:59	01:05:20	06:32	9,18
73	591	ANA PAULA BRAZ DE SOUZA	F	40	F0099	68	MOIKANA RUNNERS - FERNANDA VARGAS	01:06:56	01:05:31	06:33	9,16
74	706	MILENE HIDAKA FAVARO	F	48	F0099	69	CLUBE INGA	01:05:32	01:05:32	06:33	9,16
75	715	NILCEIA AP. TAVARES ALVES	F	49	F0099	70	CORRA NA ATI	01:07:09	01:05:32	06:33	9,16

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76	743	TEREZINHA GOMES FARIA	F	66	F0099	71		01:06:45	01:05:33	06:33	9,15
77	752	DELMAIR CRISTIANE ARAUJO BORGES FRITISSCH MICH	F	33	F0099	72		01:07:33	01:05:36	06:34	9,15
78	674	LÍVIA NERILLO	F	28	F0099	73	ACADEMIA ESTÁ@TICA	01:08:03	01:06:23	06:38	9,04
79	659	IRAIDY DONEDA SPOSITO	F	65	F0099	74	CORRENDO PARA NADAR	01:08:38	01:06:59	06:42	8,96
80	597	ANDREA TRAGUETA	F	44	F0099	75	EGGO ASSESSORIA	01:08:54	01:07:24	06:44	8,90
81	596	ANDREA C. IMPARATO KURIYAMA	F	43	F0099	76	COIOTES	01:08:59	01:07:55	06:48	8,83
82	745	VALÉRIA MONTE MEDEIROS	F	40	F0099	77	CLUBE CORRIDA FERNANDA VARGAS	01:09:19	01:08:16	06:50	8,79
83	694	MARIA MADALENA DE OLIVEIRA	F	42	F0099	78	SEM EQUIPE	01:09:41	01:08:51	06:53	8,71
84	627	EDNA BOLOTTI MOLINA	F	52	F0099	79		01:13:23	01:12:04	07:12	8,33
85	687	MARIA APARECIDA CAJAIBA DE OLIVEIRA	F	46	F0099	80	STREET RUNNERS	01:13:39	01:12:20	07:14	8,29
86	641	FERNANDA DE OLIVEIRA LIMA	F	26	F0099	81	COIOTES MARINGÁ; RUNNING	01:15:56	01:14:18	07:26	8,08