

CIRCUITO SESC DE CORRIDA - LONDRINA

Volta 1 - Relatório Geral - 5KM - Masculino

Cl.	Num.	Nome	Id.	Faixa	Cl.Fx.	Sx.	Equipe	Volta	Tempo	Liquido
1	468	EDER APARECIDO FERREIRA	35	M0099	-	M	TUCANOS	1	00:18:05	00:18:05
2	660	RENAN AUGUSTO LIZOTTI	29	M0099	-	M	PILEU TEAM	1	00:18:06	00:18:06
3	452	CLEITON ALESSANDRO PEREIRA	33	M0099	-	M	CAPTOM BEGINNER	1	00:18:15	00:18:10
4	630	MOACYR MATURANA	52	M0099	-	M	CASAL MATURANA	1	00:18:53	00:18:53
5	535	IZAIAS VICENTE BORGES	40	M0099	-	M	CORRENDO PELA FÃ©	1	00:18:58	00:18:51
6	490	EMERSON CARDADOR	37	M0099	1	M	CLUBE DA CORRIDA	1	00:20:04	00:20:04
7	566	JOSÉ MÁRCIO SIGNORI	43	M0099	2	M	Z TREINAMENTOS	1	00:20:18	00:20:08
8	488	ELISEU GONSANI	38	M0099	3	M		1	00:20:34	00:20:26
9	546	JOAO CARLOS DA SILVA	34	M0099	4	M	FIVE RUNNERS	1	00:21:26	00:20:42
10	596	LUCIO MASSARU KITAGAWA	48	M0099	5	M	COPEL	1	00:20:58	00:20:44
11	708	WELINTON RODRIGO STAVARENGO	33	M0099	6	M	ISOBONI RUNING	1	00:20:54	00:20:54
12	510	FOUAD SANDIS SALOMAO	57	M0099	7	M	AMWAY-NUTRILITE LONDRINA	1	00:22:40	00:20:56
13	594	LUCIANO GONCALVES	31	M0099	8	M	4ª CIPM	1	00:21:05	00:21:00
14	579	JULIO CEZAR MARTINS DE BRITO	41	M0099	9	M	EQUIPE DE CORIDA PODIUM ARAPONGAS	1	00:22:19	00:21:05
15	632	NATAN SALVADOR MATIAS	20	M0099	10	M	PÁ© VERMELHO	1	00:21:21	00:21:07
16	690	TAINA CLEMENTE GOMES	33	M0099	11	M	TR FIT PERSONAL	1	00:21:25	00:21:21
17	562	JOSÉ CARLOS DE MENEZES	56	M0099	12	M		1	00:21:31	00:21:29
18	424	ANDRÉ MAXIMO DE LIMA	27	M0099	13	M	DAVID SILVEIRA	1	00:21:43	00:21:36
19	659	REGINALDO RODRIGUES GALVÃO	45	M0099	14	M	RG ACADEMIA	1	00:21:43	00:21:36
20	692	THIAGO FERNANDO DA SILVA	25	M0099	15	M	COIOTES MARINGÁ	1	00:22:00	00:21:44
21	673	RODRIGO VERONEZ DAVANÇO	32	M0099	16	M	PODIUM	1	00:21:49	00:21:49
22	451	CLAYTON LUIZ NASCIMENTO DE MELLO	29	M0099	17	M	4ª-CIPM	1	00:21:59	00:21:54
23	536	JAIR AGOSTINHO	57	M0099	18	M	SL ALIMENTOS	1	00:22:03	00:21:58
24	460	DERMEVAL MARTINS FERELI	55	M0099	19	M	JOVENS ADVENTISTAS	1	00:22:09	00:22:09
25	403	ADRIANO FRANCISCO DA CRUZ	37	M0099	20	M	TE TIL SANGA	1	00:22:15	00:22:13
26	445	CARLOS ROGERIO ANSELMO	36	M0099	21	M	TUCANOS	1	00:22:46	00:22:25
27	574	JOSE WILLIAM CARNEIRO DE MIRANDA	23	M0099	22	M	COIOTES MARINGÁ	1	00:22:31	00:22:29
28	479	EDSON LUIZ CORREA	53	M0099	23	M	RUNNING	1	00:22:41	00:22:34
29	456	DANIEL LOPES BORBA	28	M0099	24	M		1	00:22:44	00:22:40
30	444	CARLOS LEANDRO DROPA	38	M0099	25	M	SANTO ANTONIO DA PLATINA	1	00:22:54	00:22:43
31	496	ERICK TAKASHI TAKIHARA	25	M0099	26	M	ISHINDAIKO	1	00:23:31	00:22:44

CIRCUITO SESC DE CORRIDA - LONDRINA

Volta 1 - Relatório Geral - 5KM - Masculino

32	571	JOSE ROBERTO DE ANDRADE	56	M0099	27	M	ROYAL FOREST	1	00:23:03	00:22:54
33	635	NERILDO AUGUSTO DE MEDEIROS	36	M0099	28	M		1	00:23:06	00:23:06
34	602	LUIZ RAFAEL JOFRE DA SILVA	30	M0099	29	M		1	00:23:29	00:23:09
35	541	JEFTER PROSCENCIO	26	M0099	30	M	CARPE DIEM	1	00:23:51	00:23:16
36	406	AILTON FERREIRA NOVAES	47	M0099	31	M		1	00:23:23	00:23:22
37	435	BENEDITO CAPELINI BRANDAO	25	M0099	32	M	ACADEMIA CRV	1	00:23:46	00:23:33
38	524	HÉLIO MEIRA DE ALMEIDA	48	M0099	33	M	STUDIO VS	1	00:23:43	00:23:34
39	478	EDSON DOS REIS	56	M0099	34	M	COIOTES MARINGÃ RUNNING	1	00:24:03	00:23:51
40	697	VALDIR FLORA BATISTA	61	M0099	35	M	CORE	1	00:24:16	00:24:08
41	463	DIEGO SAMUEL SOARES DASILVA	22	M0099	36	M	PODIUM ARAPONGAS	1	00:25:35	00:24:14
42	618	MARCOS LUIZ MOURA	34	M0099	37	M	GRUPO DE CAMINHADA E CORRIDA NASF ALVORADA DO SUL	1	00:25:01	00:24:14
43	455	DANIEL FRANCO SANTORO	31	M0099	38	M	GRUPO DE CORRIDA NASF ALVORADA DO SUL	1	00:25:02	00:24:15
44	548	JOÃO EDUARDO DE AZEVEDO	28	M0099	39	M	ATHEL	1	00:24:54	00:24:18
45	639	OSVALDERNEI MARCELINO DOS SANTOS	45	M0099	40	M	ACADEMIA DNA PREMIUM	1	00:24:42	00:24:19
46	409	ALESSANDRO VICENTE REIS	37	M0099	41	M	GENTE BOA	1	00:25:15	00:24:25
47	710	WILLIAM APARECIDO DOS REIS	29	M0099	42	M	EQUIPE DE CORRIDA PODIUM ARAPONGAS	1	00:25:49	00:24:30
48	420	ALYSON ALMEIDA CRIPPA	16	M0099	43	M		1	00:25:04	00:24:36
49	654	RAFAEL DE SOUZA	30	M0099	44	M	FIVE RUNNERS	1	00:25:20	00:24:36
50	707	WEDSON BERNARDO DOS SANTOS	23	M0099	45	M		1	00:25:15	00:24:41
51	466	DOUGLAS MAFFRA DOS SANTOS	27	M0099	46	M	QG RUN	1	00:25:28	00:24:55
52	605	MARCELO BRENAG	30	M0099	47	M	ACADEMIA CRV	1	00:25:09	00:24:55
53	614	MARCO AURELIO COSTA TASSI	34	M0099	48	M	EQUIPE PODIUM	1	00:26:15	00:25:02
54	402	ADRIANO CARLOS DOS SANTOS ALVES	33	M0099	49	M	EQUIPE DE CORRIDAS PODIUM	1	00:26:25	00:25:04
55	454	CLOVIS LUIS BORGES	39	M0099	50	M		1	00:25:14	00:25:07
56	676	ROGERIO GONÇALES DE AGUIAR	33	M0099	51	M	Z TREINAMENTOS PERSONALIZADOS	1	00:25:16	00:25:08
57	497	ERIK PEREIRA HIRAYAMA	39	M0099	52	M	R80	1	00:25:43	00:25:14
58	517	GIOVANI DELAFRONTTE	16	M0099	53	M		1	00:25:36	00:25:16
59	422	ANDRE CLEMENTINO DOS SANTOS	29	M0099	54	M	EQUIPE DE CORRIDA PODIUM ARAPONGAS	1	00:26:43	00:25:23
60	634	NELSON WILLIAN SILVA LEMES	19	M0099	55	M	ACADEMIA WORKOUT	1	00:26:12	00:25:30
61	642	PAULO CESAR MARIANO MARTINS	32	M0099	56	M	ATHLED	1	00:26:06	00:25:30
62	613	MARCIO MICHEL SHIMAZAKI	42	M0099	57	M	CARPE DIEM	1	00:26:42	00:25:39

CIRCUITO SESC DE CORRIDA - LONDRINA

Volta 1 - Relatório Geral - 5KM - Masculino

63	529	HILTON MARCUS PELOI	42	M0099	58	M		1	00:25:52	00:25:41
64	629	MAYCON BUENO DE OLIVEIRA	29	M0099	59	M	5Â° BATALHÃO DA POLÃ- CIA MILITAR	1	00:26:13	00:25:44
65	691	TALES JAKES FAZION	41	M0099	60	M		1	00:30:10	00:25:48
66	628	MATHEUS TOLOTO	20	M0099	61	M		1	00:26:21	00:25:52
67	552	JOAO PEDRO MAZZARIN DAMAS	23	M0099	62	M		1	00:27:09	00:25:55
68	431	ARILDO DE PAULA	35	M0099	63	M		1	00:26:24	00:26:05
69	458	DANTE DALALASTA NETO	31	M0099	64	M		1	00:27:11	00:26:09
70	667	ROBERTO JOSE DOS SANTOS	40	M0099	65	M	MARACAI SP	1	00:26:24	00:26:13
71	592	LUCAS FANTE REIS	22	M0099	66	M	EQUIPE DE CORRIDA PODIUM - ARAPONGAS	1	00:27:37	00:26:18
72	600	LUIZ EUSTAGUIO TIAGO	61	M0099	67	M	EQUIPE DE CORRIDA PODIUM ARAPONGAS	1	00:27:58	00:26:37
73	638	OLIVIO CARLOS PERIN	55	M0099	68	M		1	00:26:41	00:26:37
74	545	JOAO BOSCO DANTAS	52	M0099	69	M	VILAATHLETICA	1	00:26:58	00:26:43
75	580	JUSCELINO RIBEIRO VILELA	54	M0099	70	M	SULFERRAÃO SPORTS	1	00:27:07	00:26:44
76	611	MARCELO VICENTE PEREIRA	39	M0099	71	M	TUCANOS	1	00:27:15	00:26:52
77	663	RICARDO MESSIAS DE ARAUJO	34	M0099	72	M		1	00:27:05	00:26:57
78	633	NELSON HILDO DE SANTANA	42	M0099	73	M	CONEXÃO O2	1	00:28:05	00:27:09
79	426	ANTÔNIO CARLOS CUSTÓDIO	41	M0099	74	M	ATHLED GRUPO DE CORRIDA	1	00:27:45	00:27:10
80	599	LUIZ CARLOS BRANCO FLAMENGO	43	M0099	75	M	RITMO CERTO	1	00:27:26	00:27:11
81	525	HELIO THEODORO	49	M0099	76	M		1	00:27:34	00:27:17
82	572	JOSÉ SIDNEY PAIZE JUNIOR	36	M0099	77	M	FAMÃ-LIA MIYABARA	1	00:27:40	00:27:28
83	540	JEFFERSON FAVARO	37	M0099	78	M		1	00:27:51	00:27:31
84	696	VAGNER VIEIRA DE BRITO	44	M0099	79	M		1	00:27:39	00:27:33
85	666	ROBERTO GARCIA	55	M0099	80	M	PERFORMANCE	1	00:28:21	00:27:35
86	447	CHARLES HENRIQUE PERPÉTUA	28	M0099	81	M		1	00:28:35	00:27:36
87	486	EDUARDO SAVIO REBELLO BIGNAMI	50	M0099	82	M	CLUBE DE CORRIDA ASSOCIAÇÃO MÃ%ICA DE LONDRINA	1	00:27:54	00:27:37
88	700	VANDRÉ BARIONI DE MATOS	40	M0099	83	M	CONDICIONAMENTO AREL	1	00:28:08	00:27:41
89	699	VANDERLEY DOIN PACHECO	42	M0099	84	M	ROTARY CLUB AEROPORTO LONDRINA	1	00:28:44	00:27:43
90	467	DULCIDIO DEMARCHI JUNIOR	47	M0099	85	M	TUCANOS	1	00:28:08	00:27:44
91	585	LEANDRO HENRIQUE MORAES GUILHERME	33	M0099	86	M		1	00:27:56	00:27:45
92	561	JOSE APARECIDO RODRIGUES	48	M0099	87	M	VERDADES BASICAS	1	00:28:24	00:27:46
93	620	MARCOS RAFAEL PEREIRA E SILVA	32	M0099	88	M		1	00:28:23	00:27:50

CIRCUITO SESC DE CORRIDA - LONDRINA

Volta 1 - Relatório Geral - 5KM - Masculino

94	407	ALBERTO YOICHI SAKAGUCHI	22	M0099	89	M	LEAP-DNA	1	00:29:00	00:27:51
95	442	CARLOS EDUARDO CORAL DE OLIVEIRA	35	M0099	90	M	LEAP-DNA	1	00:29:00	00:27:51
96	583	LEANDRO BORGES	32	M0099	91	M	Z TREINAMENTOS	1	00:28:07	00:27:51
97	564	JOSÉ EVANGELISTA ALVES	47	M0099	92	M	Z TREINAMENTOS	1	00:28:47	00:27:54
98	513	GERALDO SERGIO FLORIO	30	M0099	93	M		1	00:28:31	00:27:58
99	665	ROBERTO FERREIRA	50	M0099	94	M	5Âº BATALHÃO DA POLÃ-CIA MILITAR	1	00:28:31	00:27:59
100	428	ANTONIO CARLOS PROL MEDEIROS	58	M0099	95	M	BOLA DE NEVE RUNNING	1	00:28:28	00:28:04
101	612	MARCIO APARECIDO MEIRELES	27	M0099	96	M		1	00:28:10	00:28:05
102	528	HERICSON CAPRIOLI	33	M0099	97	M	CAPRIOLI	1	00:28:56	00:28:13
103	485	EDUARDO LAVORATTO	28	M0099	98	M		1	00:28:47	00:28:14
104	501	FABRICIO SIMOES DE MORAIS	38	M0099	99	M		1	00:29:04	00:28:31
105	531	IGOR DELIBERADOR BUDNE	26	M0099	100	M	POLÃ-CIA MILITAR	1	00:29:15	00:28:44
106	527	HENRIQUE REZENDE MOTTA	41	M0099	101	M		1	00:29:57	00:28:56
107	656	RAFAEL LOPES DE SOUZA	32	M0099	102	M		1	00:29:39	00:28:56
108	683	SANDRO TAKAHASHI	34	M0099	103	M	BARRACO DA SOPA	1	00:30:01	00:28:59
109	554	JOÃO UBIRAJARA NOGUEIRA	61	M0099	104	M	OS TUCANOS	1	00:29:06	00:29:06
110	601	LUIZ GUILHERME CAZARIM	28	M0099	105	M		1	00:30:07	00:29:10
111	471	EDGARD J.C.MENEZES	61	M0099	106	M	MARIO LUCAS PERSONAL	1	00:29:34	00:29:14
112	521	GUILHERME SAKAJI KIDO	22	M0099	107	M	ISHINDAIKO	1	00:30:04	00:29:17
113	648	PEDRO HENRIQUE VANZELLA MAZZARIN	22	M0099	108	M	MAIARA FITNESS E BORRACHARIA DO BOZÃ³	1	00:30:35	00:29:20
114	703	VITOR HIDEKI NAGATA KAWANISHI	29	M0099	109	M	ESPAÃO ATIVO	1	00:30:19	00:29:27
115	492	EMILIO EDER FERREIRA DOS PASSOS	39	M0099	110	M	ATHLED GRUPO DE CORRIDA	1	00:30:06	00:29:31
116	430	ANTONIO FRANCISCO XAVIER	68	M0099	111	M	CLUBE DA CORRIDA	1	00:30:55	00:29:41
117	586	LEONARDO RODRIGUES NEVES	35	M0099	112	M		1	00:31:04	00:29:46
118	538	JEFERSON GARCIA KATO	41	M0099	113	M		1	00:30:01	00:29:51
119	706	WAGNER PERUSSOLO ANDRADE	41	M0099	114	M	GUSTAVO BORGES	1	00:30:34	00:29:51
120	610	MARCELO TEIXEIRA DA COSTA	41	M0099	115	M		1	00:30:46	00:29:54
121	464	DOUGLAS BASTOS TOME	26	M0099	116	M		1	00:30:49	00:30:01
122	412	ALEXANDRE CAVALCANTI DE SOUZA	36	M0099	117	M	STUDIO ESPAÃO ATIVO	1	00:31:10	00:30:04
123	657	RANIERI DE LUCA	39	M0099	118	M		1	00:30:30	00:30:09
124	523	HEBER SILVA PAREIRA	49	M0099	119	M		1	00:31:04	00:30:14
125	581	LAURO MASSAHIRO NAGAYAMA	56	M0099	120	M		1	00:31:23	00:30:19
126	684	SEBASTIÃO INACIO DE MORAES	64	M0099	121	M	SEZINHO	1	00:30:26	00:30:19

CIRCUITO SESC DE CORRIDA - LONDRINA

Volta 1 - Relatório Geral - 5KM - Masculino

127	404	ADRIANO MARCELO CUPINI	43	M0099	122	M	EQUIPE DE CORRIDA PODIUM	1	00:31:45	00:30:24
128	462	DIEGO PEREIRA MOSTAÇO	29	M0099	123	M		1	00:31:36	00:30:26
129	658	REGINALDO DE SOUZA OLIVEIRA	58	M0099	124	M	CLUB DA CORRIDA DE LONDRINA	1	00:31:23	00:30:38
130	526	HENRIQUE DE PAULA VIEIRA	45	M0099	125	M		1	00:31:12	00:30:46
131	504	FELIPE FACIN NESZLINGER	45	M0099	126	M	R80	1	00:31:14	00:30:47
132	459	DECIO CHAVES LUNA JUNIOR	59	M0099	127	M		1	00:31:55	00:30:59
133	645	PAULO TADATOSHI HIROKI	59	M0099	128	M		1	00:32:10	00:30:59
134	670	RODRIGO ALEXANDRE FAUSTINO	32	M0099	129	M		1	00:32:08	00:31:00
135	686	SERGIO PALUDETTO RECHE	41	M0099	130	M		1	00:31:13	00:31:01
136	416	ALEXANDRE VENANCIO DA SILVA	47	M0099	131	M		1	00:31:39	00:31:22
137	640	PAUL JURGEN KELTER	42	M0099	132	M	UNIMED INSPIRA	1	00:31:27	00:31:24
138	441	CARLOS ALBERTO AUGUSTO FERREIRA	49	M0099	133	M	OS TUCANOS	1	00:31:52	00:31:27
139	434	ÁUREO LOPES DOS SANTOS	45	M0099	134	M	RÃ;DIO CBN	1	00:32:55	00:31:31
140	551	JOÃO PAULO MACHADO BARBOSA	31	M0099	135	M	ATHLED GRUPO DE CORRIDA	1	00:32:07	00:31:32
141	565	JOSÉ LUIZ DEL CIEL	71	M0099	136	M	ANNELYS DEL CIEL	1	00:32:05	00:31:35
142	553	JOAO RODRIGO BATISTA DOS SANTOS	30	M0099	137	M		1	00:32:09	00:31:37
143	559	JORGE CASSINS NETO	56	M0099	138	M	R80	1	00:32:15	00:31:37
144	689	SOKUCHIN UEHARA	75	M0099	139	M		1	00:32:50	00:31:37
145	682	SANDRO MELO DAS CHAGAS	43	M0099	140	M	COIOTES MARINGÃ; RUNNING	1	00:32:31	00:31:48
146	411	ALEXANDRE BARONE GASPARINI	40	M0099	141	M	ACADEMIA WORKOUT	1	00:32:10	00:32:05
147	473	EDISON DE SOUZA ARANTES	55	M0099	142	M		1	00:33:23	00:32:07
148	662	RICARDO LUIS SECO	44	M0099	143	M	DANIELE CAZELLA - PERSONAL TRAINER	1	00:33:26	00:32:14
149	532	IRINEO CREMASCO JUNIOR	42	M0099	144	M		1	00:33:06	00:32:20
150	534	IVAN CARLOS DA SILVA	29	M0099	145	M		1	00:33:06	00:32:21
151	674	ROGÉRIO ÁLVARES ANDRADE	48	M0099	146	M	R80	1	00:33:12	00:32:25
152	498	ERNESTO FERNANDO FERREYRA RAMIREZ	43	M0099	147	M	VAI PAPAI VAI	1	00:33:29	00:32:27
153	573	JOSÉ TADEU RESENDE	51	M0099	148	M	BELIEVE & RUN-LEANDRO PONTE IFP	1	00:33:44	00:32:43
154	661	RICARDO HEIDI YAMANE	29	M0099	149	M		1	00:34:36	00:32:44
155	438	BRUNO GONÇALVES URBICK	27	M0099	150	M	STUDIO ESPAÇO ATIVO	1	00:34:00	00:33:08
156	474	EDIVALDO TRUJILLO GERONIMO	58	M0099	151	M		1	00:33:43	00:33:09
157	507	FERNANDO MORITOYO OGUIDO	65	M0099	152	M	TERRA DOS IMIGRANTES	1	00:33:27	00:33:27

CIRCUITO SESC DE CORRIDA - LONDRINA

Volta 1 - Relatório Geral - 5KM - Masculino

158	595	LUCIO APARECIDO DE OLIVEIRA	43	M0099	153	M	GO RUN	1	00:34:16	00:33:39
159	505	FELIPE SEITI HORIUCHI	21	M0099	154	M	GRUPO SANSEY	1	00:35:41	00:34:07
160	522	GUSTAVO GUERINO COSTA	39	M0099	155	M	STUDIO VS	1	00:34:26	00:34:07
161	515	GERSON BALTHAZZAR SILVA	50	M0099	156	M		1	00:34:24	00:34:08
162	651	RAFAEL ARANTES JANKOWKI	33	M0099	157	M	ALARM	1	00:34:39	00:34:12
163	475	EDMILSON JOSÉ SANCHES	53	M0099	158	M		1	00:34:47	00:34:24
164	443	CARLOS HENRIQUE MANSANO MELARÉ	37	M0099	159	M		1	00:35:07	00:34:28
165	637	OCIMAR APARECIDO URBICK	51	M0099	160	M	INSPIRA EXPIRA	1	00:35:08	00:34:51
166	499	FABIANO ÉRISSON DA CUNHA	35	M0099	161	M		1	00:35:30	00:34:59
167	487	ELIAS CESAR MARUCH	38	M0099	162	M		1	00:36:17	00:35:19
168	514	GERALDO INACIO LOIOLA	75	M0099	163	M	EQUIPE SULFERRAÃO	1	00:35:32	00:35:22
169	624	MÁRIO MARCOS ANDREOTTA	43	M0099	164	M	BELIEVE & RUN-LEANDRO PONTE IFP	1	00:36:11	00:35:34
170	625	MARTINS LIBERATI	32	M0099	165	M	#LBRUN	1	00:36:19	00:36:11
171	509	FLAVIO BARUTTA JUNIOR	45	M0099	166	M		1	00:37:32	00:36:20
172	476	EDMILSON NOGIMA	54	M0099	167	M		1	00:38:14	00:36:58
173	470	EDER LINO DOS ANJOS	31	M0099	168	M	BERNARDES	1	00:37:11	00:37:11
174	432	ARLINDO DE PAULA	66	M0099	169	M	INDIVIDUAL	1	00:37:22	00:37:22
175	608	MARCELO KIYOSHI KUMANO	21	M0099	170	M	GRUPO SANSEY	1	00:39:47	00:39:19
176	446	CELSO RICARDO DE SANTANA	38	M0099	171	M	CONEXÃO O2 CONSULTORIA ESPORTIVA	1	00:42:48	00:41:51
177	716	GELSON VALLIM	41	M0099	-	M	SIM	1	00:47:53	00:47:53
178	469	EDER JUNIOR EVANGELISTA	28	M0099	172	M	OS TUCANOS	1	00:50:30	00:50:23