

CIRCUITO SESC DE CORRIDA - LONDRINA

Relatório Geral - 10KM - Masculino

Cl.	Num.	Nome	Id.	Faixa	Cl.Fx.	Sx.	Equipe	Tempo	Líquido	Ritmo	Veloc. Média
1	1089	LUIS CARLOS DE SOUZA	36	M0099	-	M	PILEU TEAM	00:31:51	00:31:44	03:10	18,91
2	1102	MARCELO DOS SANTOS	33	M0099	-	M	SL ALIMENTOS	00:33:46	00:33:44	03:22	17,79
3	981	ELTON WANDER SALES	30	M0099	-	M	ACORREMAR MARINGÁ	00:33:59	00:33:57	03:24	17,67
4	1004	FRANCISCO LUIZ VIANA NETO	29	M0099	-	M	VIANA TRIATHLON	00:34:24	00:34:23	03:26	17,45
5	994	FERNANDO ALISSON FERREIRA	37	M0099	-	M	PIL@U TEAM/FORMA D@GUA/NO CAMINHO DO BEM	00:35:20	00:35:18	03:32	17,00
6	1216	VAGUINO BARBOSA SANTOS	29	M0099	1	M	ART VIDA	00:35:31	00:35:28	03:33	16,92
7	956	DONIZETE STOPA	43	M0099	2	M	ACORRECOP	00:37:06	00:37:06	03:43	16,17
8	991	FABRICIO SILVA LIMA	35	M0099	3	M	TRIATHLON VIANA	00:38:34	00:38:28	03:51	15,60
9	1116	MARCOS EITI ITANO	36	M0099	4	M	CLUBE INGA	00:38:50	00:38:46	03:53	15,48
10	1091	LUIS HENRIQUE DE LIMA	22	M0099	5	M	WEBTREINO/MOITA SECA	00:39:01	00:38:56	03:54	15,41
11	940	CLEDERSON ROGERIO BELAO	33	M0099	6	M		00:38:59	00:38:59	03:54	15,39
12	892	ALEXANDRE FORTUNATO DE OLIVEIRA	35	M0099	7	M	R80	00:39:09	00:39:09	03:55	15,33
13	1075	LEONARDO CEREDA DA COSTA	34	M0099	8	M	CEREDA RUNNER@S	00:39:30	00:39:30	03:57	15,19
14	939	CLEBERSON DE CARVALHO MARCIO	37	M0099	9	M		00:39:43	00:39:38	03:58	15,14
15	1064	JULIANO RINALDO	36	M0099	10	M	TUCANOS	00:40:00	00:39:53	03:59	15,04
16	1193	ROGERIO VENANCIO	33	M0099	11	M	DAVID SILVEIRA GYM FIGHT	00:41:00	00:40:22	04:02	14,86
17	1209	TARCISIO PAULO CORLASSOLI	43	M0099	12	M	CONDICIONAMENTO F@-SICO AREL	00:41:06	00:40:54	04:05	14,67
18	1214	URIAS DO NASCIMENTO FERREIRA	38	M0099	13	M	CLUBE DA CORRIDA DCOLOR FORMATURAS	00:40:57	00:40:57	04:06	14,65
19	1195	ROSEMIR PIRES DOS SANTOS	37	M0099	14	M	EQUIPE POWERRUN	00:41:08	00:41:02	04:06	14,62
20	1174	ROBSON BEILFUSS ANDRADE	32	M0099	15	M	R80	00:41:19	00:41:12	04:07	14,56
21	1054	JOSE RINALDI JUNIOR	40	M0099	16	M	RITMO CERTO	00:42:05	00:41:52	04:11	14,33
22	900	ALVARO SCHMIDT	35	M0099	17	M	TUCANOS	00:42:02	00:41:53	04:11	14,33
23	1059	JOSEMAR KURUNCZI	38	M0099	18	M	KOOSKI PASTEIS	00:42:13	00:42:13	04:13	14,21
24	1087	LUCIANO MONTEIRO PONTE	41	M0099	19	M	BELIEVE & RUN - LEANDRO PONTE	00:42:17	00:42:13	04:13	14,21
25	1062	JULIANO FERNOCHI	33	M0099	20	M	OS TUCANOS - ROLANDIA	00:42:34	00:42:20	04:14	14,17
26	906	ANDERSON NESELLO	31	M0099	21	M		00:42:37	00:42:28	04:15	14,13
27	1141	PAULO CESAR FRANCO VECCHIATTI JUNIOR	27	M0099	22	M		00:42:53	00:42:50	04:17	14,01
28	938	CLAUDIO LUIZ FIDELIS DA SILVA	53	M0099	23	M	ACADEMIA ARENA FIRE	00:43:12	00:43:01	04:18	13,95
29	1240	WILSON OLIVEIRA PAULINO	45	M0099	24	M	CORPO DE BOMBEIROS	00:43:08	00:43:06	04:19	13,92
30	1010	GERVASIO CERCI FILHO	57	M0099	25	M	RITMO CERTO	00:43:22	00:43:09	04:19	13,90
31	1187	ROGER TOLEDO GISSONI	33	M0099	26	M		00:43:44	00:43:14	04:19	13,88
32	1157	REGINALDO ANTONIO DA SILVA	41	M0099	27	M	CLUBE DA CORRIDA DE RIBEIRAO PRETO	00:44:36	00:43:34	04:21	13,77
33	1119	MARCOS MARTINS ALVES	55	M0099	28	M	ACORREMAR	00:43:36	00:43:36	04:22	13,76
34	1107	MARCIO ALVES SILVEIRA	43	M0099	29	M	MUS SPORTS	00:44:32	00:43:39	04:22	13,75
35	1083	LUCAS HENRIQUE BARBOSA	25	M0099	30	M	AR MULTIMOVIMENTO	00:43:49	00:43:43	04:22	13,72
36	1050	JOSÉ LEANDRO	55	M0099	31	M	CAPTOM EXTREME	00:44:00	00:43:54	04:23	13,67
37	946	DAILTON DA SILVA FERREIRA	40	M0099	32	M	KIOSKI PASTEIS APUCARANA	00:44:00	00:43:58	04:24	13,65
38	896	ALMIR CAMARGO PROENCA	54	M0099	33	M	SULFERRA@S@O SPORTS	00:44:14	00:44:04	04:24	13,62
39	1202	SERGIO GALIANO RAMALHO	46	M0099	34	M	P@S@O NO CH@E@O	00:44:07	00:44:04	04:24	13,62
40	907	ANDRE ANTONIO	43	M0099	35	M	OS TUCANOS	00:44:31	00:44:16	04:26	13,55
41	1135	OSWALDO MATHIAS JUNIOR	36	M0099	36	M	COIOTES MARINGA RUNNING	00:44:27	00:44:27	04:27	13,50
42	1210	TASSIO CORREIA DURVAL DA SILVA	28	M0099	37	M	POWERRUN	00:44:40	00:44:34	04:27	13,46
43	975	ELCIO SANTOS DE MIRANDA	50	M0099	38	M	TIO MIRANDA BRINQUEDOS	00:44:43	00:44:43	04:28	13,42
44	883	ADENILTON FERNANDO WICHTHOFT SALLA	39	M0099	39	M	CLINIC@E@O	00:44:55	00:44:44	04:28	13,41
45	942	CLEVERSON DA SILVA	37	M0099	40	M	AUTONOMO	00:45:08	00:45:02	04:30	13,32
46	1081	LINO GENTIL PARREIRA	53	M0099	41	M		00:47:22	00:45:20	04:32	13,24
47	1230	VITOR HUGO ANTUNES DE ASSIS	25	M0099	42	M	RCC ACADEMIA	00:46:35	00:45:33	04:33	13,17
48	1027	JEAN LUCAS MATOKANOVICK DE PROENCA	24	M0099	43	M	SULFERRACO SPORTS	00:46:13	00:45:38	04:34	13,15
49	943	CLEVERSON GONCALVES	37	M0099	44	M	STUDIO VS	00:45:58	00:45:42	04:34	13,13
50	976	ELENILSON REIS DA SILVA	40	M0099	45	M	LOUCOS POR CORRIDA	00:45:49	00:45:49	04:35	13,10
51	1096	LUIZ ESTEVAO MARQUEZINI	34	M0099	46	M	5@ BATALH@E@O DA POL@-CIA MILITAR	00:46:43	00:46:10	04:37	13,00
52	1043	JORGE APARECIDO ALVES	53	M0099	47	M	CLUBE DA CORRIDA	00:46:14	00:46:14	04:37	12,98
53	1074	LEANDRO SCARTON	41	M0099	48	M	INTERNACIONAL	00:46:57	00:46:18	04:38	12,96
54	1239	WILLER CRIZEIANO PADOVAN	26	M0099	49	M	RCC ACADEMIA	00:47:22	00:46:19	04:38	12,95
55	1110	MARCIO LUIZ FERREIRA	45	M0099	50	M	CLUBE DA CORRIDA	00:47:30	00:46:26	04:39	12,92
56	1148	PEDRO HENRIQUE MARIOTTO	24	M0099	51	M		00:46:53	00:46:27	04:39	12,92
57	1025	JEAN ADRIANO BAUDRAZ	42	M0099	52	M	Z TREINAMENTOS PERSONALIZADO	00:47:07	00:46:33	04:39	12,89
58	1044	JOSÉ ANTONIO BORGES DOS SANTOS	54	M0099	53	M	RITMO CERTO	00:46:48	00:46:36	04:40	12,88
59	1192	ROGÉRIO ORLANDO DE OLIVEIRA	38	M0099	54	M	CLUBE DA CORRIDA	00:46:54	00:46:44	04:40	12,84
60	884	ADMILSON LOPES VIEIRA	41	M0099	55	M	ASSOCIA@S@E@O M@DICA DE LONDRINA	00:47:03	00:46:47	04:41	12,83
61	908	ANDRE MATTOS	48	M0099	56	M	CARPE DIEM	00:47:33	00:46:52	04:41	12,80
62	1123	MARIO SERGIO BENEDETI GUILHEM	53	M0099	57	M	ACORRECOP	00:46:59	00:46:52	04:41	12,80
63	1038	JOAO MARCOS DE SOUZA	51	M0099	58	M	ACORRECOP	00:46:59	00:46:57	04:42	12,78
64	1186	RODRIGO TROCINO PEREIRA	38	M0099	59	M	TROCINO TAEKWONDO	00:47:26	00:47:07	04:43	12,73
65	1108	MARCIO CHIARATTI RIBEIRO	42	M0099	60	M	OS TUCANOS - ROL@NDIA	00:47:27	00:47:10	04:43	12,72
66	987	FABIO CHIARATTI RIBEIRO	33	M0099	61	M	OS TUCANOS STUDIO EQUILIBRIUM	00:47:27	00:47:11	04:43	12,72
67	1033	JOÃO BATISTA DE OLIVEIRA FILHO	44	M0099	62	M	GRUPO DE CORRIDA "CORRENDO PELA F@S@O"	00:48:07	00:47:11	04:43	12,72
68	1067	JURANDIR PEREIRA DO CARMO	60	M0099	63	M	IATE CLUBE DE LONDRINA	00:47:24	00:47:24	04:44	12,66
69	887	ALAN FERNANDES GAMBA	37	M0099	64	M	OS TUCANOS	00:47:42	00:47:26	04:45	12,65
70	1072	LEANDRO MONTEIRO PONTE	37	M0099	65	M	BELIEVE & RUN - LEANDRO PONTE	00:47:32	00:47:29	04:45	12,64
71	1161	RICARDO ALEXANDRE DE LIMA	40	M0099	66	M	CAPTOM	00:47:41	00:47:35	04:46	12,61
72	1011	GILBERTO POLASTRI	57	M0099	67	M	BIO FORMA RUNNERS	00:48:48	00:47:43	04:46	12,57
73	1205	SILADELFO RODRIGUES DA SILVA	47	M0099	68	M	RITMO CERTO	00:48:03	00:47:52	04:47	12,53
74	1134	NILSON STEIM	52	M0099	69	M	LIFE SEGUROS	00:47:59	00:47:56	04:48	12,52
75	986	FABIO ALEXANDRE DA SILVA	36	M0099	70	M	FOTOS & CIA	00:48:47	00:48:04	04:48	12,48
76	1066	JULIO CESAR OLIVEIRA DA SILVA	40	M0099	71	M		00:49:19	00:48:09	04:49	12,46
77	1076	LEONARDO DA SILVA URQUIZA	27	M0099	72	M	ACORRECOP	00:48:14	00:48:10	04:49	12,46

CIRCUITO SESC DE CORRIDA - LONDRINA

Relatório Geral - 10KM - Masculino

Cl.	Num.	Nome	Id.	Faixa	Cl.Fx.	Sx.	Equipe	Tempo	Líquido	Ritmo	Veloc. Média
78	1086	LUCIANO GENÉSIO HONÓRIO BASTOS ALVES	38	M0099	73	M	5 BPM - CIA CHOQUE	00:48:51	00:48:22	04:50	12,41
79	1127	MAURÍCIO DINARDI II	40	M0099	74	M	BELIEVE & RUN-LEANDRO PONTE IFP	00:48:49	00:48:22	04:50	12,41
80	1200	SERGIO AUGUSTO ROMERO PEREIRA	38	M0099	75	M	CLUBE DA CORRIDA BERTOLINO	00:48:46	00:48:22	04:50	12,41
81	963	EDISON AMERICO SANGA	53	M0099	76	M	TETHIO SANGA	00:48:34	00:48:34	04:51	12,35
82	978	ELTON COMORETTO CARDOSO	44	M0099	77	M	WOD - WORK OUT OFF THE DAY - LONDRINA	00:49:47	00:48:42	04:52	12,32
83	1203	SERGIO MARQUES DA LUZ	45	M0099	78	M		00:49:05	00:48:43	04:52	12,32
84	1080	LEVYWAGNER DOS SANTOS LUZ	41	M0099	79	M		00:49:37	00:48:54	04:53	12,27
85	1156	RAFAEL GUSTAVO TESTA	37	M0099	80	M	8 OU 80	00:49:12	00:48:55	04:54	12,27
86	1227	VINICIUS H. CRUCIOL VECCHIATTI	32	M0099	81	M		00:49:10	00:49:07	04:55	12,22
87	1188	ROGÉRIO CESAR TOMBA	44	M0099	82	M		00:49:15	00:49:10	04:55	12,20
88	1126	MAURÍCIO CORREIA LEMES NETO	43	M0099	83	M	CARCARÃ	00:49:23	00:49:13	04:55	12,19
89	891	ALEX XAVIER MUNHOZ	32	M0099	84	M	ATRÃS DELAS!	00:49:38	00:49:23	04:56	12,15
90	1051	JOSÉ LUIZ BERSANETI DE JESUS	46	M0099	85	M		00:49:58	00:49:24	04:56	12,15
91	1153	RAFAEL RODRIGO FLORIO	25	M0099	86	M	4 CIA IND	00:49:59	00:49:27	04:57	12,13
92	894	ALEXANDRE LUIZ DA SILVA	45	M0099	87	M	CLUBE DE CORRIDA CLAUDIO BERTOLINO	00:49:53	00:49:29	04:57	12,13
93	919	BRENDY GREYKI SCHULTZ	29	M0099	88	M		00:50:05	00:49:34	04:57	12,10
94	1046	JOSE APARECIDO GONZALES CASTILHO	30	M0099	89	M	FAMÃ-LIA MIYABARA	00:50:16	00:49:34	04:57	12,10
95	998	FERNANDO MONTEMOR	33	M0099	90	M		00:49:44	00:49:40	04:58	12,08
96	1041	JONATHAN MICHELSON DE MENEZES	34	M0099	91	M	CLUBE DA CORRIDA BERTOLINO	00:51:06	00:49:44	04:58	12,06
97	1012	GILBERTO YOSHIO TERABE	44	M0099	92	M	KIOSKI PASTEIS APUCARANA	00:49:51	00:49:46	04:59	12,06
98	1170	ROBERTO CARLOS VIEIRA VILHAGRA	48	M0099	93	M	RNRJ	00:50:31	00:49:51	04:59	12,04
99	958	DOUGLAS DA COSTA SANTOS	28	M0099	94	M	ATHLED GRUPO DE CORRIDA	00:50:28	00:49:52	04:59	12,03
100	1112	MARCO IKURO HISATOMI	50	M0099	95	M	SOFTCENTER / HLF BRASTEL	00:51:02	00:50:00	05:00	12,00
101	1222	VANDERLEI TRINIDADE MONTEIRO	45	M0099	96	M	R80	00:50:18	00:50:01	05:00	12,00
102	1189	ROGERIO DE ASSIS FINAVARO	42	M0099	97	M	CLUBE DA CORRIDA BERTOLINO	00:50:34	00:50:10	05:01	11,96
103	1037	JÃO KAZUO MIYABARA	60	M0099	98	M		00:50:23	00:50:14	05:01	11,94
104	945	DAI IJIMA	40	M0099	99	M	GRUPO SANSEY	00:50:39	00:50:17	05:02	11,93
105	965	EDMAR LEONARDO NAGAYAMA	30	M0099	100	M		00:51:39	00:50:32	05:03	11,87
106	966	EDSON ASSAHARA	45	M0099	101	M	ESPAÇO JONNY SAÁDE	00:51:20	00:50:33	05:03	11,87
107	1160	RICARDO AKIRA KANAI	45	M0099	102	M	TATEIWA KANAI CORE INTELIGENCIA ESPORTIVA	00:51:40	00:50:36	05:04	11,86
108	1152	RAFAEL KANASHIRO	32	M0099	103	M		00:50:59	00:50:37	05:04	11,85
109	922	BRUNO GARCIA BOTARO	35	M0099	104	M	BRISAS DO ARAXÁ	00:52:28	00:50:38	05:04	11,85
110	1003	FLAVIO ITO KODANI	38	M0099	105	M		00:51:45	00:50:43	05:04	11,83
111	1233	WALTER FRANCO LEMOS	43	M0099	106	M		00:50:47	00:50:47	05:05	11,81
112	1021	ISMAEL PIMENTA	54	M0099	107	M	RITMO CERTO	00:51:04	00:50:51	05:05	11,80
113	1036	JOAO FERNANDO DA CUNHA	32	M0099	108	M	TUCANOS	00:51:01	00:50:52	05:05	11,80
114	1056	JOSE ROBERTO BORGES	51	M0099	109	M	BARBAS COURO	00:51:05	00:51:05	05:07	11,75
115	1128	MAURICIO RODRIGUES LOPES	35	M0099	110	M	SOFIA	00:52:15	00:51:22	05:08	11,68
116	1047	JOSE BERTI FILHO	50	M0099	111	M	NANDO COELHO ASSESSORIA	00:52:10	00:51:32	05:09	11,64
117	1162	RICARDO BARBOSA LIBARINO	28	M0099	112	M	EQUIPE PÃO DE BOI	00:51:44	00:51:34	05:09	11,64
118	974	ELCIO JOSE COELHO DE LARA	50	M0099	113	M		00:52:09	00:51:44	05:10	11,60
119	947	DANIEL DAMASIO FONSECA	20	M0099	114	M		00:52:09	00:51:45	05:11	11,59
120	1204	SERGIO MENDES	50	M0099	115	M	CLUBE DA CORRIDA SESC THERMAS PRESIDENTE PRUDENTE	00:52:32	00:51:51	05:11	11,57
121	1019	IGOR ADRIANO CARVALHO	42	M0099	116	M		00:52:33	00:51:55	05:12	11,56
122	969	EDUARDO FAGUNDES DE SOUZA JR	45	M0099	117	M	SOLO	00:52:27	00:52:05	05:13	11,52
123	1071	LEANDRO DE OLIVEIRA	38	M0099	118	M		00:52:41	00:52:11	05:13	11,50
124	1237	WESLEI TAVARES MAGALHAES	33	M0099	119	M		00:52:36	00:52:12	05:13	11,49
125	1101	MARCELO ARISTIDES ALMEIDA	50	M0099	120	M		00:52:37	00:52:19	05:14	11,47
126	1150	RAFAEL CANDIDO	29	M0099	121	M	CLUBE DA CORRIDA	00:53:23	00:52:19	05:14	11,47
127	984	EVERTON MATIOLI	36	M0099	122	M		00:53:01	00:52:20	05:14	11,46
128	898	ALTAIR SEBASTIAO DORIGO	54	M0099	123	M	R80	00:52:39	00:52:21	05:14	11,46
129	882	ADEMIR RABELO BARBALARGA	54	M0099	124	M		00:52:56	00:52:22	05:14	11,46
130	890	ALESSANDRO ALVES DE OLIVEIRA	37	M0099	125	M		00:53:05	00:52:26	05:15	11,44
131	1201	SERGIO CORRÊA	34	M0099	126	M	WOD LONDRINA	00:53:53	00:52:30	05:15	11,43
132	895	ALMIR ALVES DIONISIO	51	M0099	127	M	ASSESA	00:53:02	00:52:32	05:15	11,42
133	1223	VICTOR TRISTÃO PASCUAL	25	M0099	128	M	BELIEVE & RUN-LEANDRO PONTE IFP	00:53:00	00:52:34	05:15	11,41
134	996	FERNANDO HENRIQUE BRESCIANI	31	M0099	129	M		00:53:47	00:52:38	05:16	11,40
135	909	ANDREWS ABREU DE ARAUJO	31	M0099	130	M		00:53:53	00:52:52	05:17	11,35
136	886	AFONSO GONÇALVES ARANTES FILHO	38	M0099	131	M	5ª BATALHÃO DA POLÍCIA MILITAR	00:53:34	00:53:04	05:18	11,31
137	982	EMERSON DE SOUZA GONÇALVES	31	M0099	132	M		00:53:34	00:53:06	05:19	11,30
138	1049	JOSE GERALDO DA SILVA	53	M0099	133	M		00:53:21	00:53:08	05:19	11,29
139	1211	THIAGO SPIRI FERREIRA	30	M0099	134	M	ANTES TARDE DO QUE NUNCA	00:53:18	00:53:09	05:19	11,29
140	1140	PAULO CESAR DE OLIVEIRA	34	M0099	135	M	CONEXÃO O2	00:54:31	00:53:30	05:21	11,21
141	1014	GLAUBER ALISON MARTIELLO TAVARES	26	M0099	136	M		00:54:30	00:53:33	05:21	11,20
142	931	CARLOS EDUARDO GONCALVES BASTOS	26	M0099	137	M	CONEXAO O2	00:54:29	00:53:34	05:21	11,20
143	881	ADEMIR CARDOSO	59	M0099	138	M		00:53:57	00:53:49	05:23	11,15
144	1090	LUIZ FERNANDO BRUSIANI LAZARINI	25	M0099	139	M	WOD TEAM	00:55:08	00:54:00	05:24	11,11
145	1052	JOSÉ LUIZ BLASSIOLI JUNIOR	33	M0099	140	M	OS TUCANOS	00:54:32	00:54:07	05:25	11,09
146	1024	JACKSON ROMEU ARIUKUDO	44	M0099	141	M	R80	00:54:46	00:54:13	05:25	11,07
147	1207	SILVESTRE MARINHO DO CARMO	43	M0099	142	M		00:55:18	00:54:21	05:26	11,04
148	1048	JOSE CARLOS TEODORO RODRIGUES	54	M0099	143	M	GOLDEN RUNNERS TEAM	00:54:40	00:54:22	05:26	11,04
149	893	ALEXANDRE HENRIQUE APARECIDO DE SOUZA	42	M0099	144	M	OS CORRERIA	00:54:57	00:54:29	05:27	11,01
150	1013	GILSON DE FARIA	40	M0099	145	M		00:55:29	00:54:30	05:27	11,01
151	1190	ROGERIO DOS SANTOS	40	M0099	146	M	COYOTES TEAM RUNNING	00:54:38	00:54:35	05:28	10,99
152	902	AMARILDO PASINI	53	M0099	147	M	CEMNOÃSÃO	00:56:04	00:54:51	05:29	10,94
153	1168	ROBERTO ANTONIO DE CARVALHO FILHO	28	M0099	148	M		00:55:16	00:55:05	05:31	10,89
154	924	BRUNO PEREIRA	25	M0099	149	M		00:55:38	00:55:11	05:31	10,87

CIRCUITO SESC DE CORRIDA - LONDRINA

Relatório Geral - 10KM - Masculino

Cl.	Num.	Nome	Id.	Faixa	Cl.Fx.	Sx.	Equipe	Tempo	Líquido	Ritmo	Veloc. Média
155	1208	SILVIO CUSTODIO BORGES	50	M0099	150	M	PÃO VERMELHO	00:55:50	00:55:29	05:33	10,81
156	1124	MATHEUS KEIJI SATO	23	M0099	151	M	ISHINDAIKO	00:56:34	00:55:47	05:35	10,76
157	1173	ROBERVAL APARECIDO FAGUNDES	52	M0099	152	M	LIGEIRINHO	00:56:49	00:55:54	05:35	10,73
158	885	ADYR MAZER DE CARVALHO	37	M0099	153	M	R80	00:56:50	00:56:14	05:37	10,67
159	1182	RODRIGO CESAR OLIVEIRA	36	M0099	154	M		00:57:38	00:56:30	05:39	10,62
160	1104	MARCELO MARIA MARTINS	35	M0099	155	M	OS TUCANOS	00:56:58	00:56:32	05:39	10,61
161	1178	RODOLFO ARAMAKI BIANCO	32	M0099	156	M		00:57:29	00:56:32	05:39	10,61
162	1181	RODRIGO ANTONELLI LOURENCINI	24	M0099	157	M	ICDL	00:57:27	00:56:39	05:40	10,59
163	1118	MARCOS IWAKURA	39	M0099	158	M	CONEXÃO O2	00:57:30	00:56:40	05:40	10,59
164	901	AMARILDO LOPES DOS SANTOS	53	M0099	159	M	RÁDIO CBN	00:57:33	00:56:43	05:40	10,58
165	1217	VALDECI DA SILVA ARAÚJO	46	M0099	160	M	ATHLED GRUPO DE CORRIDA	00:57:26	00:56:50	05:41	10,56
166	1147	PAULO SERGIO MESSIAS LOPES	49	M0099	161	M	COIOTES MARINGÁ	00:57:09	00:56:52	05:41	10,55
167	1120	MARCOS VINICIUS PINDAIBA	25	M0099	162	M	MY MOVE	00:57:23	00:56:56	05:42	10,54
168	1131	MILTON KAZUMASSA MANNARI	51	M0099	163	M		00:58:04	00:56:56	05:42	10,54
169	1114	MARCOS AURELIO VIEIRA	42	M0099	164	M	AMASSA ASFALTO	00:57:53	00:56:57	05:42	10,54
170	1129	MAURO CAETANO FORTUNATO	62	M0099	165	M	ASSOCIAÇÃO MÃDICA DE LONDRINA	00:57:56	00:57:22	05:44	10,46
171	1095	LUIZ BIFON NETO	63	M0099	166	M	FELIPE RUNNERS	00:58:05	00:57:33	05:45	10,43
172	972	EDUARDO JOSÉ SILVA	52	M0099	167	M		00:58:11	00:57:41	05:46	10,40
173	959	DOUGLAS ROBERTO GUTTIERREZ	39	M0099	168	M		00:58:47	00:58:02	05:48	10,34
174	1176	ROBSON DE ALMEIDA BARBOSA	39	M0099	169	M		00:58:56	00:58:05	05:48	10,33
175	983	ESTEVAO LOMBARDI	60	M0099	170	M		00:59:24	00:58:09	05:49	10,32
176	1236	WENDEL GONÇALVES DE CARVALHO	40	M0099	171	M	BIO FORMA	00:58:10	00:58:10	05:49	10,32
177	1023	IVALDO DE JESUS RODOLFO	61	M0099	172	M		00:59:40	00:58:54	05:53	10,19
178	935	CASSIANO LUIZ FOGANHOLI	34	M0099	173	M		00:59:37	00:59:19	05:56	10,12
179	1133	NELSON FERNANDES COSTA	60	M0099	174	M	FÂNIX RUNNING	01:00:33	00:59:32	05:57	10,08
180	1194	RONALDO APARECIDO MAURICIO	46	M0099	175	M	RUNNING	01:00:06	00:59:51	05:59	10,03
181	989	FABRICIO GRACIANO	26	M0099	176	M	BELIEVE AND RUN - LEANDRO PONTE IFP	01:00:14	00:59:54	05:59	10,02
182	1092	LUIZ ANTONIO MARTINEZ	48	M0099	177	M	L SETE GRUPO DE CORRIADAS	01:00:57	01:00:17	06:02	9,95
183	1136	OSWALDO TURQUINO JR	46	M0099	178	M	R80	01:01:11	01:00:31	06:03	9,91
184	1106	MARCIANO DE SOUZA OLIVEIRA	43	M0099	179	M	OS CORRERIA	01:01:20	01:00:53	06:05	9,85
185	1184	RODRIGO FERNANDO MIRANDA SANTOS	37	M0099	180	M		01:02:59	01:01:41	06:10	9,73
186	1235	WASHINGTON LINCOLN BIANCHI	49	M0099	181	M		01:03:00	01:01:51	06:11	9,70
187	1163	RICARDO COSTA ESPIGA	36	M0099	182	M		01:03:07	01:01:54	06:11	9,69
188	1142	PAULO EDUARDO BRESCIANI	37	M0099	183	M		01:02:47	01:02:11	06:13	9,65
189	1058	JOSE SUAVE	60	M0099	184	M	WORK OUT ACADEMIA	01:03:21	01:02:21	06:14	9,62
190	1146	PAULO MARIO SATO	47	M0099	185	M		01:03:31	01:02:32	06:15	9,59
191	1167	ROBERTO ANTONIO DE CARVALHO	73	M0099	186	M	R 80	01:04:15	01:04:04	06:24	9,37
192	930	CARLOS DE DIO NETO	28	M0099	187	M	FTI	01:08:22	01:07:14	06:43	8,92
193	1073	LEANDRO SANTOS VICENTIN	26	M0099	188	M	BIO FORMA RUNNER	01:08:30	01:07:29	06:45	8,89
194	995	FERNANDO GARCIA DE OLIVEIRA	31	M0099	189	M	COIOTES MARINGÁ*	01:07:47	01:07:47	06:47	8,85
195	1005	FRANCISCO ONTIVERO	82	M0099	190	M	MÃVEIS BRASÃ-LIA	01:09:35	01:08:16	06:50	8,79
196	1198	SAMAEL MARTINS CORRÊA DA SILVA	24	M0099	191	M		01:09:41	01:08:44	06:52	8,73
197	1111	MÁRCIO TOLOMEU	50	M0099	192	M	PAULO ARNS CORRIDAS E CAMINHADAS	01:11:30	01:10:18	07:02	8,53
198	1026	JEAN ARTHUR SOUZA DINIZ	32	M0099	193	M	NALDO TEAM	01:16:37	01:16:37	07:40	7,83
199	993	FERDINANDO JUSTINO	43	M0099	194	M		01:19:14	01:19:01	07:54	7,59
200	880	ADÃO FERREIRA DE SOUZA	69	M0099	195	M	ACADEMIA WORKOUT	01:23:21	01:23:17	08:20	7,20